

Borkener City-Lauf 2024

07. Juni 2024

10 km-Lauf - Männer / Frauen Wertung

Männer

Pl.	St Nr	Name	Verein	AK	Pl.	Rnd.1	Rnd. 2	Rnd. 3	Rnd. 4	Gesamt-Zeit
1	1653	Christoph Uphues	Braunschweiger Laufclub	M30	1	07:58	07:57	07:59	08:03	0:31:57
2	1656	Vincent Te Brake	Archeus	M30	2	08:01	08:23	08:34	08:35	0:33:33
3	724	Helge Gövert	Kreispolizeibehörde Borken	M30	3	08:38	09:00	09:19	09:14	0:36:11
4	1483	Stefan Stroick	RSF Borken	M30	4	08:48	09:08	09:11	09:11	0:36:17
5	1130	Adrian Zingler	RSF Borken	M30	5	08:47	09:05	09:18	09:23	0:36:33
6	1670	David Vöcker		M40	1	09:00	09:25	09:36	09:22	0:37:23
7	324	Marius Lange	Erlebniswelt Sport	M	1	09:22	09:37	09:36	09:26	0:38:01
8	1565	Bjorn Ordelmans		M30	6	09:24	09:41	09:56	09:50	0:38:50
10	1646	Andreas Jansen	LG Dorsten	M40	2	09:15	09:47	10:12	10:02	0:39:15
9	15	Christopher Epping		M35	1	09:42	09:58	09:45	09:29	0:38:54
13	61	Arne Weßling		M	2	09:16	10:10	10:18	10:26	0:40:09
11	1353	Sebastian Papenberg		M40	3	09:51	10:13	10:02	09:55	0:40:01
12	39	Leo Ludwig		M30	7	09:51	10:13	10:03	09:55	0:40:01
14	1558	Daniel Lungwitz		M40	4	09:30	10:10	10:29	10:25	0:40:33
15	1511	Matthias Müller	Team Müller	M35	2	10:09	10:29	11:09	10:52	0:42:39
16	4	Max Böckenhoff		M35	3	10:13	10:47	10:56	10:59	0:42:54
18	1176	Jannis Görlich	Sportfreunde 97/30 Lowick	M	4	10:40	10:48	10:55	10:41	0:43:03
20	1480	Nils Brüchert-Pastor	PV Triathlon TG Witten	M55	1	10:30	11:02	11:17	11:34	0:44:22
24	786	Steffen Pelmer	netgo	M30	9	10:00	11:03	11:48	11:50	0:44:40
17	1368	David Schulz		M	3	10:56	11:08	10:53	10:05	0:43:02
22	318	Jürgen Hermann	Erlebniswelt Sport	M50	1	10:33	11:06	11:24	11:27	0:44:30
23	50	Matthias Schmeing		M30	8	10:38	11:08	11:30	11:17	0:44:34
21	1668	Klaus Mömken	Projekt 21	M55	2	10:49	11:09	11:21	11:04	0:44:23
28	10	Florian Denne		M30	10	10:40	11:08	11:45	11:40	0:45:14
29	40	Erik Meijerink		M45	1	10:47	11:09	11:38	11:55	0:45:28
19	6	Nil Boutet		M	5	10:56	11:12	11:26	10:46	0:44:20
26	1434	Klaus Arping	Lauffreunde HADI Wesel	M60	1	10:48	11:16	11:31	11:30	0:45:06
30	1635	Florian Benning		M	6	10:03	11:34	12:02	11:54	0:45:33
31	1667	Thomas Möllmann	Projekt 21	M55	3	10:50	11:27	11:48	11:40	0:45:46
40	1651	Herbert Wiene	Viktoria Heiden	M70	1	10:54	11:25	12:02	12:15	0:46:36
33	1648	Luca Sühling		MJ U14	1	10:42	11:55	11:50	11:33	0:45:59
37	1222	Christian Warmers	The Rocking Sporties	M40	6	11:11	11:32	11:44	11:47	0:46:14
32	1503	Guido Dissemond	SuS Stadtlohn	M60	2	11:16	11:34	11:39	11:23	0:45:51
27	361	Tom Passerschröer	GESA Rhede	MJ U16	2	11:19	11:39	11:37	10:34	0:45:09
25	1133	Lennox Heynck	RSV Borken Hoxfeld	MJ U16	1	11:20	11:39	11:37	10:27	0:45:04
33	44	Maik Passerschröer		M40	5	11:19	11:39	11:38	11:23	0:45:59
35	1529	Peter Veelken	Welthungerhilfe Spendenlauf	M55	4	11:01	11:45	11:52	11:27	0:46:05
39	1666	Tobias Döring	Projekt 21	M40	7	11:04	11:39	11:56	11:52	0:46:30
36	1601	Markus Wilgenbus	St. Johanni	M55	5	11:35	11:34	11:38	11:20	0:46:08
38	1510	Ewald Harmeling	TBT Stadtlohn	M60	3	11:22	11:38	11:49	11:40	0:46:29
41	1132	Jan Beckmann	RSV Borken 22 e.V.	M35	4	11:36	11:43	11:52	11:46	0:46:56
42	1435	Robert Kormann	LaufWerk Münsterland	M50	2	11:15	12:05	12:09	12:15	0:47:45
44	1131	Lukas Lindenbuß	RSV Borken	M35	5	11:34	11:52	12:28	12:08	0:48:01
43	1502	Frederik Heinz	Steuerbüro Beckmann	M	7	11:40	12:04	12:13	11:54	0:47:51

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Pl.	St Nr	Name	Verein	AK	Pl.	Rnd.1	Rnd. 2	Rnd. 3	Rnd. 4	Gesamt-Zeit
45	690	Roman Sill	KC Füchse	M40	8	11:53	12:11	12:22	12:32	0:48:57
47	1652	Christoph Hadder	Steelrunnigs	M55	6	11:56	12:21	12:31	12:35	0:49:23
46	28	Marvin Kohlhaw		M	8	11:42	12:35	12:35	12:16	0:49:09
49	20	Fabian Grothus		M30	11	11:14	12:40	13:16	12:25	0:49:35
48	1498	Georg Brathe	Spiridon Haltern	M50	3	12:18	12:26	12:26	12:20	0:49:31
51	1638	Andreas Wübbels		M35	6	12:26	13:02	12:58	12:42	0:51:07
50	1675	Deni Inparajah		M30	12	12:48	12:48	12:53	12:34	0:51:03
52	1662	Ludger Jirgl	Lauffreunde Haadi Wesel	M55	7	12:33	12:53	13:04	12:45	0:51:14
53	1414	Thomas Kahlert	FC Oeding Badminton	M50	4	13:03	12:55	12:50	12:51	0:51:39
54	21	Robert Heisterkamp		M40	9	12:48	12:56	13:11	12:51	0:51:46
57	46	Martin Rohde		M45	2	12:07	13:14	13:35	13:28	0:52:24
56	58	Stephan Thesing		M55	8	12:46	13:07	13:13	13:07	0:52:13
55	1554	Janusz Kudzia		M30	13	12:50	13:09	13:14	12:48	0:52:02
58	1404	Werner Diedrich	CanalRunnersDorsten	M65	1	13:35	13:11	13:03	12:53	0:52:41
63	1447	Jonathan Lueb	LC Borken	MJ U18	1	12:20	12:51	14:38	14:31	0:54:19
65	29	Marc Kohlhaw		M	11	11:22	13:16	15:16	14:31	0:54:25
59	42	Philipp Nienhaus		M	9	13:02	13:20	13:34	13:49	0:53:45
62	1494	Marcus Büscher	Smart CJM	M35	7	12:41	13:28	13:55	14:04	0:54:08
60	48	Lukas Schemmer		M	10	13:02	13:20	13:51	13:42	0:53:55
61	34	Stefan Langenhahn		M55	9	13:05	13:30	13:41	13:44	0:54:00
64	1664	Frank Kormann	Firma Spaleck	M45	3	13:46	13:37	13:43	13:13	0:54:20
68	1527	Stefan Lechtenberg	TV Borken	M30	15	13:43	13:51	13:51	14:37	0:56:01
66	1497	Mark Ostendorf	Smart CJM	M30	14	13:33	13:49	14:09	13:53	0:55:24
67	1496	André Lisowski-Berndt	Smart CJM	M40	10	13:28	13:57	14:12	14:21	0:55:59
69	1659	Robin Laser		M30	16	13:37	13:44	14:19	14:35	0:56:15
70	8	Christian Brands		M35	8	14:05	14:07	14:22	13:48	0:56:22
71	1394	Werner Möllmann	BZ Runner	M55	10	14:27	14:37	14:41	14:38	0:58:22
73	1649	Detlef Bröker	TV Borken	M55	11	13:56	14:36	15:35	14:56	0:59:03
76	331	Markus Schlotbohm	Erlebniswelt Sport	M50	5	13:48	15:03	15:35	16:16	1:00:41
75	1416	Michael Meyer	Geuting, Vornholt, Feldhaus & Partner mbB	M40	11	13:12	15:00	16:14	15:04	0:59:31
72	761	Norbert Rolfes	Laufftreff Borken	M60	4	14:56	15:04	14:40	13:52	0:58:32
74	1534	Reinhold Bißlich		M65	2	14:56	15:04	14:40	14:28	0:59:08
77	1501	Paul Eichelmann	SSV Hohen Neuendorf	M35	9	13:43	15:41	17:55	19:06	1:06:26
78	1633	Stephan Lendring	Heithauer Firefighter	M55	12	17:23	20:33	23:18	21:14	1:22:28

Frauen

Pl.	St Nr	Name	Verein	AK	Pl.	Rnd.1	Rnd. 2	Rnd. 3	Rnd. 4	Gesamt-Zeit
1	1669	Charlotte Weißing	FC Marbeck	WJ U20	1	10:34	10:51	11:09	11:14	0:43:48
3	1479	Julia Schmäing	Projekt 21	W40	2	10:50	11:18	11:51	11:38	0:45:36
2	1522	Daniela Brüggemann	TSG Reken	W40	1	10:59	11:16	11:44	11:34	0:45:34
4	1542	Anne Frenk		W55	1	11:14	11:44	11:52	12:05	0:46:54

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Pl.	St Nr	Name	Verein	AK	Pl.	Rnd.1	Rnd. 2	Rnd. 3	Rnd. 4	Gesamt-Zeit
5	1537	Dr. Isabel Bonnen		W35	1	11:30	11:57	12:07	12:12	0:47:45
6	335	Jule Terstegen	Erlebnisswelt Sport	W	1	11:46	12:05	12:05	11:53	0:47:49
7	1508	Laura Puppenthal	SV Klein Herne	W30	1	11:56	12:04	11:59	11:53	0:47:52
8	1228	Christine Wessels	Wessels Logistik	W45	1	11:49	12:11	12:14	12:12	0:48:25
9	317	Daniela Grimmert	Erlebnisswelt Sport	W45	2	12:22	12:54	13:03	12:49	0:51:08
10	1546	Susanne Heisterkamp		W40	3	12:34	12:58	13:00	12:40	0:51:13
12	1605	Martina Levölger	TV Borken	W40	4	11:58	13:02	13:52	14:24	0:53:15
13	1660	Victoria Serafim	Running Gag	W	2	11:46	13:51	14:01	13:57	0:53:34
11	1561	Kimberly Müller		WJ U20	2	12:47	13:20	13:35	13:27	0:53:10
14	1541	Anna-Sophie Fooke		W	3	12:52	13:43	13:45	13:37	0:53:57
15	1489	Pia Stegemann	SG Borken	W	4	13:05	13:31	13:52	13:36	0:54:04
18	1509	Verena Puppenthal	SV Klein Herne	W	5	13:12	13:42	13:56	13:45	0:54:35
16	1245	Helena Ebber	Gymnasium Mariengarden - 10a	WJ U18	1	13:44	13:38	13:43	13:06	0:54:11
16	1246	Anneli Finke	Gymnasium Mariengarden - 10a	WJ U18	1	13:43	13:39	13:43	13:05	0:54:11
19	1552	Anne Kleine-Boes		W	6	12:39	14:28	14:24	13:46	0:55:17
20	1363	Jil Schlottbom		W30	2	14:14	13:46	13:49	13:37	0:55:26
21	1364	Lynn Schlottbom		W	7	14:14	13:46	13:49	13:38	0:55:26
22	49	Dominique Schlusemann		W35	2	13:36	13:52	14:23	13:57	0:55:49
23	1661	Smilla Krüger	Running Gag	WJ U18	3	12:41	14:29	14:47	14:59	0:56:56
24	1279	Kristin Lisowski	Gymnasium Mariengarden - 6b	W35	3	13:55	14:10	14:35	14:40	0:57:19
25	63	Lena Wübbels		W30	3	13:45	14:16	15:02	14:48	0:57:52
26	1673	Anika Finke	TV Borken	W45	3	14:47	14:43	14:30	14:04	0:58:04
27	326	Pia Lütjann	Erlebnisswelt Sport	W	8	14:45	14:32	14:51	14:35	0:58:43
28	1564	Nina Oenning		W	9	14:13	14:41	15:14	14:52	0:59:00
29	62	Hanna Wibbeke		W	10	16:54	16:53	17:47	16:00	1:07:34